



# Western Watch

## *From the HC...*

While returning home from Nellis AFB (Las Vegas, NV) on Friday, I began to write this article. And I "bet" you can't guess what this article will be about??? (sorry, I couldn't resist - LOL) Yep -- it has something to do with the recent CCRSC. One word seems to describe the week: "Terrific"

-- Terrific tone - On Monday evening Chaplain Woodard challenged us with three words and their priorities in our mission/ministry: CROSS (Profession); RANK (Professional); NAMEPLATE (Professor). That set the tone for the college.

-- Terrific location - While Nellis AFB is a "crown jewel" in the USAF, meeting in the Chapel complex was certainly a blessing. Ch, Lt Col Michael Brown (99 ABW HC) and his staff were gracious hosts to us.

-- Terrific content - Ch, Maj Charlie Sattgast (PCR HCD/Dean of PCRCCSC) did an outstanding job of planning the curriculum. The main content of the curriculum dealt with Suicide Prevention /Intervention. Ch, Lt Col James Sickmeyer (NCR HC) did a tremendous job of instructing the college regarding the tool of Question - Persuade - Refer. Each session was planned in keeping with the requirement of a staff college to cover the areas of CAP's three-fold mission: Aerospace Education, Cadet Programs and Emergency Services. The instructors - Ch, Maj Richard Nelson; Ch, Maj Charlie Sattgast; Ch, Lt Col Tom Miller; Lt Col Virginia Nelson - each brought something of enrichment to us.

-- Terrific staff - space does not permit the listing of names...but the devotional thoughts shared each day on Compassion, Attentiveness, and Proactivity were spot on; the memorial service paid homage to those of our fellow colleagues who have gone on to their eternal reward; the paperwork handled in an expeditious manner; the reminders of safety, health and protocol...the myriad of tasks handled. I so appreciate this great group of people who committed themselves to making the week's event a memorable experience for those who attended.

-- Terrific participants - what can I say about you? We would not have had a successful college without your presence and support. It was a treat to stand back and watch the interaction, the fellowship, the fun that place in and out of the classroom.

It is a blessing to be able to serve you and with you.

In Service Together,

*Paul*

Ch, Lt Col Paul Ward, CAP  
PCR HC



CH, Lt Col Paul Ward

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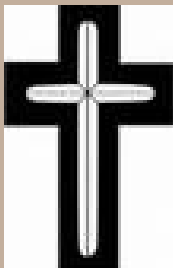
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## APPOINTMENTS



**Maj Gregory Barker – WAWG**  
**2nd Lt Kevin Bottgen – AKWG**



**Ch, Capt Mark Strader – CAWG**  
**Ch, Capt Paul Vance – CAWG**

**We welcome them to the Pacific Region Chaplain Corps.**

## PROMOTIONS

Chaplain Danny Riggs (WAWG) from Maj to Lt Col

### PCR CHAPLAIN REGION STAFF COLLEGE MEMORIES 2010

For those who missed the 2010 PCR Chaplain Region Staff College, here are a couple of media presentations for your viewing pleasure:

Chaplain, Col Whit Woodard created this movie of the event: <http://files.me.com/towhit/pph60c.mov>

Chaplain Ward put together this Smilebox slideshow of the event:  
<http://secure.smilebox.com/ecom/openTheBox?sendevent=4d5459774f54637a4f546c384d6a49784f5459344e44413d0d0a&sb=1>

## AWARDS

**Gen "Chuck" Yeager Award**  
(Senior Member Aerospace Education)  
Ch, Maj Randy Potter (ORWG)



### Level 2

Ch, Maj Harlan Confer III - CAWG  
Ch, Capt Dave Franklin - WAWG



### Level 3

Capt Lani Cahill - CAWG  
Capt Gerald Prior - WAWG  
Maj Kevin Stall - NVWG  
Capt Jerry Treanor - ORWG



### Level 4

Ch. Maj William Adam III - WAWG  
Capt Scott Englund - CAWG  
Ch, Lt Col Danny Riggs - WAWG



### Level 5

Ch, Maj Richard Nelson - CAWG



## PACIFIC REGION AWARDS



During the recent Pacific Region Conference, four of our Chaplain Corps were recognized for their valuable contributions to the Region Chaplain Corps and their respective units:



Character Development  
Instructor of the Year –  
Maj Karen Nahrstadt,  
CAWG



Squadron Chaplain of the  
Year – Ch, Lt Col Charles  
"Chuck" Ingram, CAWG



Senior Chaplain of the  
Year – Ch, Lt Col Danny  
Riggs, WAWG

**Pacific Region Chaplain,  
Lt Col Paul Ward received a  
Meritorious Service Award for his  
service to the region.**



**CH, Lt Col Chuck Ingram**

## *COMPASSION*

During the 2010 CCRSC the meditations were presented by our Wing or Deputy Wing Chaplains in the PCR. Each meditation was based on the acrostic C-A-P. Chaplain, Lt Col Chuck Ingram (CAWG HCD) shared on "Compassion".

How does one recognize the need to apply compassion in any situation? By communicating with the Squadron Command and getting involved in the squadron's activities, such as air shows, parades, encampment, and other events not necessarily related to CAP. A good example would be volunteering time to visit the elderly and sick, honor guard at funerals and working with cadets and seniors who are struggling with problems at school or at home. Compassion doesn't end after the squadron meeting. For example: If you are a chaplain at encampment and you have a staff member come to you with a cadet that has an "adjustment problem", they can confide in you about their problems whether they are real or imaginary.

Though many chaplains have become proficient in other areas of emergency services such as scanners, observers, radio operators, and pilots, we should remember our primary responsibility is pastoral. As chaplains we are a symbolic representation of God and that should be our primary goal! Chaplains should always make themselves available to cadets. However, the most forgotten are the senior members. Over the past ten years, I have seen them come and go. Just as soon as their son or daughter leave for college, the academy, or military service, chaplains should make an assertive effort to keep them actively involved, making them aware how important they are to the CAP and their former squadrons. They leave with a lot of experience and knowledge which could be accessible to the new cadet members that follow!

Remember compassion is the sympathetic consciousness of other's distress with a desire to alleviate it. Do nothing from selfishness or conceit but in humility serve others before yourself!

After reviewing all the miracles of the both the Old and New Testament, it appears that all of them performed by God were out of compassion. Raising a widow's son to live, a little girl, a leper, man with a withered hand, woman with a thirteen year hemorrhage, the blind and deaf, especially Lazarus, brother of Mary and Martha, and many more. Jesus could look into their hearts and could empathize with their feelings and despair. We will all not have the opportunities such as these but as one of chaplains, Lt Col Tim Spiller stated to me, was that he would make a point to talk to at least two people at each squadron function and see if they had something troubling them or simply wanted to talk to someone and get advice in solving their problem. Remember it's really easy to sympathize or give condolences at the death of a family member if we only see the family at the funeral or graveside. As a chaplain, because you are God's representative and might be there and turn someone's life around just by being there and caring enough to get involved!



## **Subject: Resilient (Resilience)**

"Semper Gumby," a quaint and humorous motto, often heard at CAP Chaplain/CDI conferences, reminds attendees that they must be "flexible" to an occasional room change, unplanned activity or speaker cancellation. Or, as Clint Eastwood said in Heartbreak Ridge, "improvise."

The word, "resilient," originating about 1635-45, means "to leap," "jump," or "to leap back." In the broad sense, an object that is resilient springs back, rebounds, returns to its original form or position after being bent, compressed or stretched. It owns the quality of "elasticity."

A resilient Sheepster is flexible, not easily "thrown" by changes, the unexpected or when stretched or compressed by circumstances. Elastic, if you will. He/she bounces back, recovering readily, even remarkably, from misfortune, failure or disappointment. On life's uncertain sea, a resilient Sheepster is buoyant.

"Failure is only the opportunity to begin again more intelligently," i.e., to bounce back. (A Promise Message)

A resilient---flexible---Sheepster can be a tremendous uplifting "agent" to CAP in general, fellow squadron members, and especially, those in distress. "For a just man falls seven times, and rises up again." Proverbs 24:16

### ***"Semper Gumby"***

Ken Ackerman, 1st Lt, CDI,  
Blacksheep Senior Squadron - COWG, CAP



1LT Ken Ackerman

### **Upcoming events**

**PCR AE Conference – July 7-10 at the Kilauea Military Camp located near Volcano National Park, Hawaii.** You do not need to be a unit AEO to attend, but need an interest in Aerospace. School costs \$50.00 for materials, one dinner and other goodies. Apply on CAPF 17 NLT 1 June 2010 Send applications to Lt Col Virginia Nelson, 490 Buttonwood Dr. Brea CA 92821. Questions regarding school, contact Lt Col Nelson 714-990-5148 or [vmnelson@juno.com](mailto:vmnelson@juno.com)



**National Cadet Competition – June 24-27 McMinnville OR**

**National Summer Board and Conference – September 1-4 San Diego CA**





## AROUND THE REGION

### NVWG

Chaplain, Capt Ralph Camp attended a Corporate Learning Course in October and an Unit Commanders Course in March. Wing Chaplain, Maj Elizabeth Tattersall attended the Training Leaders of Cadets course led by Curt LaFond (Deputy Director of Cadet Programs) of NHQ in January.

On the week-end of April 17-18 the NVWG had their Guided Training Exercise. The Wing received an "Excellent" rating by the Evaluation Team. A great job was done by their entire team. However, two members of the Chap-



lain Corps received "Outstanding" ratings in their respective areas: Mission Chaplain and CISM. Join me in congratulating Chaplain, Maj Elizabeth Tattersall and Maj Carolyn Irby for a job extremely well-done. In addition, Chaplain, Capt Ralph Camp as a Mission Support Assistant, Mission Radio Operator and Mission Chaplain on Sunday. This is a result of training, planning and being prepared by members of our Chaplain Corps -- as well as a great example of teamwork. BRAVO ZULU to Chaplain Tattersall, Chaplain Camp and Maj Irby.



Ch, Capt Vince Warde

### CAWG

The annual Cadet Programs Conference was conducted at Camp San Luis Obispo over President's Day week-end. Over 300 cadets and senior members from throughout the CAWG attended

this event. Among those participating from the Chaplain Corps were 1st Lt Michael Lynch, Capt Lani Cahill, Maj Scott Englund, Lt Col Marc Cohen, Chaplain (Capt) Vince Warde, and Chaplain (Lt Col) Paul Ward.

In an evening of "blurring" activity, Chaplain Paul Vance received his appointment as a CAP Chaplain and promotion to Captain. Wing Chaplain, Lt Col George Dawson was at Eugene L. Carnahan Cadet Squadron 85 to officiate in the proceedings.

Ch, Lt Col Paul Ward (PCR HC) presented the "Mentoring" session at the Corporate Learning Course hosted by Groups 4 and 6 at Vandenberg AFB in mid-April.



Ch. Capt. Paul Vance

## Project Haiti Earthquake

### March 2010

On March 2<sup>nd</sup>, 1Lt. Mike Lynch embarked on a trip to Haiti for a humanitarian mission. Mike, a Southern Baptist pastor, along with 7 other medical personnel from the California Southern Baptist Convention, boarded a plane and headed to Port Au Prince, Haiti for a week of medical support to the Haitian people. His team consisted of 2 pediatricians, 1 pediatric RN, 1 LVN, 1 Physicians Assistant, 1 general surgeon, 1 infectious diseases doctor and Mike who served as the team chaplain and psychologist.

Day one and two on the field found them assigned to the field hospital of Operation Medishare, University of Miami Hospital located at the airport. Originally going to set up a pharmacy, the team was immediately swooped up and placed into service in the hospital. There were countless persons being treated for amputations and major medical issues due to the quake. The pediatric ward was almost overwhelming.



Haitian family members waiting to be seen by the medical team in Le Do, Port Au Prince, Haiti. They waited all day in the 95-100 degree heat to receive medical attention.

Providing both psych services and prayer support to pediatric patients and their families proved to be very much accepted. Countless parents would ask for a little time to talk about experiencing the earthquake and how they had to struggle to get their family members out of the rubble. Some of them lost other members of the family only able to save some.

A particular patient really caught the eye of Mike. He was a young man of about 13, lying on a bed all alone. The boy was very deformed and badly scarred. The translator was asked about the boy's name who advised the boy would not talk. A glance at the medical chart showed that "Kiki" had been brought to the hospital four days prior and was refusing to eat or drink anything.

Through the translator, Kiki asked if Mike was the doctor. Kiki was told not only the psychologist but a pastor. Kiki asked if the pastor would pray for him and reached out his deformed hand seeking compassion. Mike took him by the hand and prayed, asking God to watch over Kiki and that he would start cooperating with the hospital staff. After prayer, Kiki was asked to do something for the pastor. Eat and drink something. Kiki agreed and immediately downed two bottles of water, some apple juice and a plate of food that Mike had obtained from staff.



A few minutes after this prayer time, the head of the pediatric ward came to Mike and asked how he was able to get Kiki to eat and drink. The answer was very simple. She was asked if anyone had tried showing some compassion and make friends with Kiki instead of demanding he eat and drink. It was explained to her that prayer and compassion are sometimes the best medicine necessary.

The two days at the hospital opened up many opportunities for prayer and counsel with the hospital staff as well. Many of them had been there on the scene since three days after the earthquake. It was taking its toll on them both physically and emotionally. They welcomed the chance to talk about their situation to someone who cared for them. Several of them came to know Jesus as their savior.



16 month old Haitian baby named "SunSung" who lost both parents in the earthquake. He was adopted thru the Haitian government by one of the nurses working at the hospital.

Days three, four and five of the trip were all utilized to perform community clinics. More than 600 Haitian men, women and children received medical attention that they otherwise would have never received. Mike was able to provide psychological services and CISM intervention to numerous clients as well as providing spiritual care that was so desperately needed.

This type of trip proved to be both physically and emotionally draining to the team who are happy to be home but would do it all over again if asked to do so. Mike will be willing to share about the experience to all who are interested.

***1st Lt Mike Lynch is the Character Development Instructor from Composite Squadron 121 in Bakersfield, California. He is also the Critical Incident Stress Management Officer for the Pacific Region.***



## **SUMMARY OF FORM 34s: July-December 2009**

From July through December the PCR Chaplains and CDIs participated in 1766 activities; spent 14,908 hours; traveled 85,881 miles; invested \$34,293.86. The totals for the year 2009: 3886 activities; 23,974 hours; 162,789 miles; \$65,550.80.

Just a reminder that each Chaplain and Character Development Instructor is required by the CAPR 265-1 to submit a completed Form 34 to their Wing Chaplain, even if they have been inactive during that reporting period, no later than 5 January and 5 July each year.



California and Oregon Wing Chaplains looking at motivational tools to get Form 34s submitted in a timely manner 😊

**If you change your e-mail address, make sure that you update that information in E-Services. That way you will be able to receive CAP-related e-mails that are often time-sensitive.**

### **PACIFIC REGION, CAP**

**Col Larry F. Myrick**  
Commander

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### **Notice To Readers:**

The Western WATCH is published quarterly by the Civil Air Patrol Pacific Region Chaplain Service. Submissions may be sent to: Ch, Lt Col Paul Ward, P.O. Box 5245, San Luis Obispo, CA 93403 Email: [hc@pcr.cap.gov](mailto:hc@pcr.cap.gov). The newsletter is distributed to Pacific Region Chaplains and Character Development Instructors, staff members, and interested parties.